



# Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8  
Phone: 613-836-8881  
Web: [www.holyspiritparish.ca](http://www.holyspiritparish.ca)

## PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, [pastor@holyspiritparish.ca](mailto:pastor@holyspiritparish.ca)  
Alex Ducharme, Youth/Sacramental Coordinator, [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)  
Administrative Assistant, [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca)

**OFFICE HOURS:** Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

### SUNDAY EUCHARIST

Saturday - 5:00 p.m.  
Sunday - 9:00 a.m. & 10:30 a.m.

### WEEKDAY EUCHARIST

As indicated in the weekly calendar.

### RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

### BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

### MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

### CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

### PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

### CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

### KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

### PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

### OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423  
Holy Spirit Elementary 613-831-1853  
St. Stephen Elementary 613-831-8844  
Sacred Heart High 613-831-6643



**PARISH REGISTRATION:** If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## SOLEMNITY OF CHRIST THE KING



**Nov 26 – Our Lord Jesus Christ, King of the Universe**

Ezekiel 34.11-12,15-17  
1 Corinthians 15.20-26,28  
Matthew 25.31-46

**Dec 3 – First Sunday of Advent**

Isaiah 63.16b-17,64.1,3-8  
1 Corinthians 1.3-9  
Mark 13.33-37

### Parish Calendar

**Mon, Nov 27**  
9:00 am Mass  
7:00 pm Catholic Women's League General Meeting

**Tue, Nov 28**  
9:00 am Mass

**Wed, Nov 29**  
9:30 am Catechesis of the Good Shepherd

**Thu, Nov 30**  
9:00 am Mass  
9:30 am Cenacle of Marian Movement of Priests  
6:30 pm Youth Night Grades 3-5

**Fri, Dec 1**  
9:00 am Mass  
9:30 am Flame of Love Prayer Group  
9:30-10:30 am First Friday Adoration and Benediction  
7:00 pm Youth Night Grades 9-12

**Sat, Dec 2**  
4:00-4:25 pm Reconciliation  
5:00 pm Mass

**Sun, Dec 3 First Sunday of Advent**  
9:00 am Mass  
10:30 am Mass  
\*Knights of Columbus hospitality & coffee after the 9:00 & 10:30am Masses. Everyone welcome!

Adoration of the Blessed Sacrament will be held on Friday December 1st after the 9am Eucharist. The Monstrance with the consecrated host (the Body of Christ) will be placed on the altar for Benediction till 10:30am. We are invited to pray for the Synod as called by Pope Francis and for vocations to the Priesthood.

**To all parishes' generous faithful** Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca) and use the password: Holyspirit (*all one word with a capital H*). We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email [admin@holyspiritparish.ca](mailto:admin@holyspiritparish.ca).

Weekly contribution **envelopes for 2024** have arrived! Please pick up your box of envelopes early. If you do not have an envelope number and you would like one, envelopes are available. Call the Parish Office for assistance. Please do not use your 2024 envelopes until January 2024!

**Volunteer at Shepherds of Good Hope** Join us for a volunteer information session on Nov 27 from 2-4pm at 145 Castlefrank Ave. More info at [volunteer@sghottawa.com](mailto:volunteer@sghottawa.com)

### Mass Intentions

**Sat, Nov 25 – 5:00 pm**  
†Ronald MacDonald by Vanita & Family  
Deceased members of the Knights of the Columbus  
Intentions of Kera & Kevin

**Sun, Nov 26 – 9:00 am**  
Deceased members of Foote-Pollock-Gunn Families by Marilyn & Family  
†Madelaine Supyk by Jeanne Rochon  
†Maria Aparecida by Sabrina Nakano

**Sun, Nov 26 – 10:30 am**  
For the intentions of all parishioners

**Mon, Nov 27 – 9:00 am**  
†Kevin & †Anne Kilfoil by Francesco  
For the poor souls in purgatory by Suzanne  
Deceased members of Keyworth & MacDonald Families by Barrie, Cecilia & Family

**Tue, Nov 28 – 9:00 am**  
Intentions of Eamon O'Hara by Suzanne  
Deceased parents & relatives of Rachel & Fred Palubeskie

**Thu, Nov 30 – 9:00 am**  
Intentions of Colin Bahen by Dolores & Warren Bahen  
†Trina Muldoon by Pat Muldoon

**Fri, Dec 1 – 9:00 am**  
Intentions of Marion Di Gaspari by Family & Isabella  
†Mike Kulas by Sandra Cybulski  
Intentions of Jarrett Family

**Sat, Dec 2 – 5:00 pm**  
†Max Pecoskie by Lori, Mark, Ashton & Ashleigh Hoare

**Sun, Dec 3 – 9:00 am**  
Living & deceased members of the Catholic Women's League  
Deceased members of Sauve & Foley Families by Jim & Doreen Sauve  
†Maureen Friedman by Mary Jeffrey & Family

**Sun, Dec 3 – 10:30 am**  
For the intentions of all parishioners



**Please pray for those who are sick:** Bruce, Marlene, Ron, Patrick, Gerald, John, Nancy, Miriam, Muriel, Hugh, Jacqueline  
**Please pray for those who have died:** †Sister Patricia Orban, sister of Father John Orban; †Keith Donoghue, brother of Deacon Steve Donoghue

†Indicates Deceased

**The Catholic Women's League of Canada means: SISTERS**  
Have you ever longed for a sister? The Catholic Women's League will bring many women into your life. Some will journey with you through thick and thin, some will come and go. Always, these women will carry and support you with their prayers and sisterly love. Come meet new sisters.

**"It is Christmas every time you let God love others through you ... yes, it is Christmas every time you smile at your brother and offer him your hand."** ~ Mother Teresa

*Word from the Pastor*

St. Matthew 25: Amen I say to you, whatever you did for one of the least sisters and brothers of mine, you did for me. With the gospel-inspired eyes we focus our gaze on the King in whose dominion we are subjects. Today's gospel tells us what priorities the King's servants are to have and how we are to live – feeding the hungry, giving water to the thirsty, welcoming strangers, clothing the naked, caring for the sick and visiting prisoners. In what needy person did I see Christ in disguise recently? What did I do about what I saw?

Please remember to book the parish hall and the conference rooms with the office well in advance of the date.

Become a blessing to others. A legacy of faith remains for all as you choose to remember Holy Spirit Parish in your will. For more information contact the Parish Office.

*Monsignor Joseph Muldoon*

A Memorial Book has been placed in the Atrium. In this book, all parishioners are invited to inscribe the names of their family, relatives and friends who have died and who they wish to have remembered in the prayers that will be said for them during the month of November.

**The Lighthouse Youth and Sacraments** Youth Nights continue: this week Grades 3-5 and Grades 9-12. Check Parish Calendar above. Our ministry is still looking for volunteers, if you feel called to help in any way, please contact Alex for next steps! [youth@holyspiritparish.ca](mailto:youth@holyspiritparish.ca)

**2023 Stittsville Food Bank Christmas Campaign**

Please consider purchasing gift cards for children ages 1-17 for the Stittsville Food Bank. These cards will be included in the Christmas hampers distributed this December. Your donations can be dropped off to the parish office during office hours or slipped under the office door on weekends no later than Fri, Dec 15. Thank you for the ongoing support received by those in our community who need our help.



**Whatever you do for your family, your children, your husband, your wife, you do for God.** ~ St. Teresa of Calcutta

**CHRISTMAS ALTAR DECOR**

If you would like to donate toward the decor in celebration of a loved one's birthday, anniversary, in memorial or in thanksgiving, please complete this form and put it, along with your cheque made payable to Holy Spirit Parish, in an envelope marked *Christmas Altar Decor* and place it in the collection basket or drop it off at the Parish Office. All names will be printed in our bulletin in the new year.

**(PLEASE PRINT CLEARLY)**

Name of person(s) or intention: \_\_\_\_\_

Name of person making the donation: \_\_\_\_\_

Phone No. (613) \_\_\_\_\_ Envelope No. \_\_\_\_\_

Amount (circle one): \$25 \$50 \$100 or \_\_\_\_\_

**Advent** means 'coming,' and during the season, we prepare for Jesus' coming. The four Sundays of Advent, which precede Christmas, are recognized for four virtues. The candles on the Advent wreath symbolize hope, love, joy and peace. The candles are lit in that order reflecting Christ's light coming through the darkness. The three purple candles represent the preparation and repentance during the season of Advent. The pink candle is lit on the third Sunday of Advent, called Gaudete Sunday, meaning 'rejoice.' The rose color symbolizes the period of waiting is almost over.

A huge **THANK YOU to all the businesses** that supported our CWL Bazaar last weekend by donating gift baskets and gift cards as raffle prizes: Main Street Café, Stittsville; Ritual on the Main Café, Stittsville; Pierino Scarfo Salon, Westboro; Willy's Pizza, Stittsville; The Village Café, Stittsville; Browns Independent Grocers, Stittsville; Zenvy Spa, Stittsville; Starbucks Coffee, Stittsville on Iber Rd; Kal's Restaurant, Stittsville.

**Knights of Columbus Christmas Tree Campaign** Please email [knightsforcolumbusstittsville@gmail.com](mailto:knightsforcolumbusstittsville@gmail.com) or call 613-831-0411 for more info and to reserve your tree. Trees are \$60 each. Limited supply - reserve yours early!

**Mary's Way of the Cross** Christmas Special with our special co-host Aux. Bishop Yvan Mathieu of the Archdiocese of Ottawa-Cornwall. Fri Dec 1 at 7pm – By Zoom. For more information email [mike.budge@bell.net](mailto:mike.budge@bell.net)

**Parish Advent Mission with Bishop Yvan Mathieu, S.M.**

Join us as we prepare for Christmas and listen to Bishop Yvan speak about Mary's Yes at St. Monica Church, 2080 Merivale Rd. Mon, Dec 11 – 7 pm (begins with Mass); Wed, Dec 13 – 7 pm (begins with Mass); Thu, Dec 14 – 7 pm (with Penance Service and time for individual confession). Everyone welcome!

The Servants of the Cross cordially invite you to the **perpetual promises of Sr. Alison Weber, SC**, to be received by The Most Reverend Marcel Damphousse, Archbishop of Ottawa-Cornwall. Wed, Dec 13th at 7pm at St. Mary's Parish, 100 Young St. Reception to follow. Live Stream will be available.

**Is the Lord calling you to serve him as a priest?** Join other men discerning the priesthood for monthly formation, fellowship, and Eucharistic Adoration on Dec 14 at 7pm at the new Café des Tours, located in the basement of Notre Dame Cathedral in Ottawa. To join the Quo Vadis email list or for more info, contact Fr. Connor O'Hara, [vocations@ottawacornwall.ca](mailto:vocations@ottawacornwall.ca).

**Prayer of the Paratrooper of Lieutenant André Zirnheld**

**(+1942):** I don't ask you for wealth, nor for success, nor even health perhaps. That sort of thing you get asked for so much. Give me, Lord, what you have left over, give me what no one wants from you. I want insecurity, strife, and I want You to give me these once and for all. So that I can be sure of having them always. But give me courage too, and strength and faith; for You alone can give what one cannot demand from oneself.



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